

Wants, Wishes and Wills: A Medical and Legal Guide to Protecting Yourself and Your Family in Sickness and in Health (ISBN: 0131568981, \$24.99, May 2007) encourages readers to embrace the inevitable by tackling the issues surrounding disease and death in an easy-to-understand, practical, and manageable way. Authors Wynne A. Whitman, Esq. and Shawn D. Glisson, M.D. help readers to focus on what they can control, enabling them to make wise choices about their lives, their health and their deaths.

The book provides compassionate, up-to-date and plain-English guidance on everything from healthcare proxies, living wills and minimizing estate and inheritance taxes to getting the best possible care to fight a disease, the value of alternative therapies and the role of organ donation. Whitman and Glisson don't offer one-size-fits-all answers. Instead, they help readers:

- Create their own personal health care system, to ensure the health system listens and works for them
- Understand their choices and take control of them, especially understanding available options and making sure their decisions are followed
- Know the law—before it's too late, including directives and powers of attorney
- Protect their estate by safeguarding assets and other legacies

Wants, Wishes and Wills helps readers learn how to protect themselves and their families in sickness and in health and gain peace of mind while doing so.

To learn more, log onto www.wantswishesandwills.com.